

**Students! Family members and caregivers to older adults!  
Current and future aging professionals! Interested community members!**



## **Volunteer with SJFS: Join the Arts & Minds Volunteer Corps**

**Celebrate creative aging ♦ Build meaningful relationships with older adults ♦ Disrupt ageism**



**Volunteer with SJFS and join the Arts & Minds Volunteer Corps!** In order to become a volunteer, attend two virtual 2-hour training and certification sessions with SJFS staff on the basics of dementia, the philosophy of OMA (an award-winning intergenerational art-making program for people with dementia), and methods and skills for facilitating OMA and other arts-in-dementia activities. Part 1 training must be completed before attending a Part 2 training session and both parts must be completed before volunteering. Training times each month will be determined based on the availability of the SJFS Arts & Minds coordinator and those that are interested in being trained.

**Name:** \_\_\_\_\_ **Phone number:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**How did you hear about us?:** \_\_\_\_\_

**I am interested in learning more about using my training to participate in:**

- OMA sessions at Menorah Park or other community sites       OMA-of-the-Month Club  
 Other SJFS Arts & Minds Programs, e.g., M-Power U for Early Memory Loss  
 Activity Companions       Other: \_\_\_\_\_

**To register for volunteer training, please return the completed form to  
Hannah Pietra, Arts & Minds Coordinator, at [pietra@sjfs.org](mailto:pietra@sjfs.org) or call (315) 446-9111 ext. 130.**