

**Students! Family members and caregivers to older adults!  
Current and future aging professionals! Interested community members!**



## **Volunteer with SJFS: Join the Arts & Minds Volunteer Corps**

**Celebrate creative aging ♦ Build meaningful relationships with older adults ♦ Disrupt ageism**



**Volunteer with SJFS and join the Arts & Minds Volunteer Corps!** In order to become a volunteer, attend two virtual 2-hour training and certification sessions with SJFS staff on the basics of dementia, the philosophy of OMA (an award-winning intergenerational art-making program for people with dementia), and methods and skills for facilitating OMA and other arts-in-dementia activities. Part 1 training must be completed before attending a Part 2 training session; however, Part 2 can be completed in a subsequent month. Both parts must be completed before volunteering. Trainings are typically held the 2nd Tuesday and Thursday of each month; however alternative times may be scheduled based on individual or group needs. Zoom links will be sent when you register, and training sessions will be canceled if no one is registered.

**Name:** \_\_\_\_\_

**Phone number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**I will attend an upcoming training on:**

- |   |  |
|---|--|
| <input type="checkbox"/> Tuesday December 10, 5-7pm, Part 1 | <input type="checkbox"/> Thursday December 12, 5-7pm, Part 2 |
| <input type="checkbox"/> Tuesday January 14, 5-7pm, Part 1  | <input type="checkbox"/> Thursday January 16, 5-7pm, Part 2  |
| <input type="checkbox"/> Tuesday February 11, 5-7pm, Part 1 | <input type="checkbox"/> Thursday February 13, 5-7pm, Part 2 |
| <input type="checkbox"/> Tuesday March 11, 5-7pm, Part 1    | <input type="checkbox"/> Thursday March 13, 5-7pm, Part 2    |

**I am interested in learning more about using my training to participate in:**

- |  |   |
|--|---|
| <input type="checkbox"/> OMA sessions at Menorah Park or other community sites             | <input type="checkbox"/> OMA-of-the-Month Club    |
| <input type="checkbox"/> "OMA-thon" at Menorah Park (Spring date TBD)                      | <input type="checkbox"/> future "OMA-thon" events |
| <input type="checkbox"/> SJFS Arts & Minds Programs, e.g., M-Power U for Early Memory Loss |   |
| <input type="checkbox"/> Activity Companions   | <input type="checkbox"/> Other: _____             |

**To register for volunteer training, please return the completed form to  
Hannah Pietra, Arts & Minds Coordinator, at [pietra@sjfs.org](mailto:pietra@sjfs.org) or call (315) 446-9111 ext. 130.**