

**Students! Family members and caregivers to older adults!  
Current and future aging professionals! Interested community members!**



## **Volunteer with SJFS: Join the Arts & Minds Volunteer Corps**

**Celebrate creative aging ♦ Build meaningful relationships with older adults ♦ Disrupt ageism**



**Volunteer with SJFS and join the Arts & Minds Volunteer Corps!** In order to become a volunteer, attend two virtual 2-hour training and certification sessions with SJFS staff on the basics of dementia, the philosophy of OMA (an award-winning intergenerational art-making program for people with dementia), and methods and skills for facilitating OMA and other arts-in-dementia activities. Part 1 training must be completed before attending a Part 2 training session; however, Part 2 can be completed in a subsequent month. Both parts must be completed before volunteering.

**Name:** \_\_\_\_\_

**Phone number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

### **I will attend trainings on:**

- |                                                              |                                                               |
|--------------------------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> Tuesday September 10, 5-7pm, Part 1 | <input type="checkbox"/> Thursday September 12, 5-7pm, Part 2 |
| <input type="checkbox"/> Tuesday October 8, 5-7pm, Part 1    | <input type="checkbox"/> Thursday October 10, 5-7pm, Part 2   |
| <input type="checkbox"/> Tuesday November 12, 5-7pm, Part 1  | <input type="checkbox"/> Thursday November 14, 5-7pm, Part 2  |
| <input type="checkbox"/> Tuesday December 10, 5-7pm, Part 1  | <input type="checkbox"/> Thursday December 12, 5-7pm, Part 2  |

### **I am interested in learning more about using my training to participate in:**

- |                                                                                            |                                                   |
|--------------------------------------------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> OMA sessions at Menorah Park or other community sites             | <input type="checkbox"/> OMA-of-the-Month Club    |
| <input type="checkbox"/> "OMA-thon" on 11/17/24 at Menorah Park                            | <input type="checkbox"/> future "OMA-thon" events |
| <input type="checkbox"/> SJFS Arts & Minds Programs, e.g., M-Power U for Early Memory Loss |                                                   |
| <input type="checkbox"/> Activity Companions                                               | <input type="checkbox"/> Other: _____             |

**To register for volunteer training, please return the completed form to  
Hannah Pietra, Arts & Minds Coordinator, at [pietrah@sjfs.org](mailto:pietrah@sjfs.org) or call (315) 446-9111 ext. 130**